



Sea Rescue
NATIONAL SEA RESCUE INSTITUTE
AIR SEA RESCUE - Cape Town

STANDARD OPERATING PROCEDURES
Use of Helmets

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1. Description

The use of safety helmets to be worn by ASR crew is defined by the type of work the RS is expected to be faced with. This SOP describes the conditions under which a RS is to make use of a safety helmet.

2. Procedure

Safety helmets are worn to provide protection for the RS as follows:

- 1.0 Dropped onto mountain to assist with a rescue
- 2.0 Cliff Rescue or Vertical cliff walking operations
- 3.0 In the water when the swimmer is operating in heavy surf conditions
- 4.0 When being hoisted onto vessels in rough sea state conditions
- 5.0 Rope Framework is being used

3. Operational Requirements

- 1.0 Safety helmets are not required for general ASR training and Operations
- 2.0 A RS may at any time wear a safety helmet
- 3.0 Trained Survivors may on request wear a safety helmet, especially when using stretchers
- 4.0 Two helmets will be available at all times during training and operations

4. Risks

The following risks are identified:

- 1 RS working in the water may be struck on the head with the hoist head
- 1 During Trail line operations in rough conditions, collision with a vessel may occur