

## Overnight Mission Logistics

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### 1. Description

Overnight and long duration missions require special pre-planning.. This SOP describes the planning required by crew members that is required to successfully survive a long duration or overnight mission.

### 2. Personal Equipment

Personal kit must be limited to the minimum and packed in one soft kit-bag or preferably a military “balsak with your name on it”

<b>Personal Kit</b>
Tracksuit or overall
Fleece lined top
Beanie
Foul weather gear
2 Pairs underwear
2 Pairs socks
2 –T-Shirts
1-Shorts
Towel
Pair of running shoes
Toilet Kit
Medication
Sleeping Bag – no pillow
Torch
LeatherMan
Radio
Black plastic bag
Ear Protection
Wetsuit / Drysuit
Gloves
Passport
Money

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### 3. Selection of ASR crew for overnight calls

Final crew selection for any call is the responsibility of the Team Leader. Selection will be based on the following criteria:

- 1 Skills required for the mission
- 2 Preparedness of the crew for overnight missions. ( Has the crew member all the relevant kit)
- 3 Availability
- 4 Involvement in and commitment to the ASR unit
- 5 Medical and fitness condition

